

LENT in Faith Formation:

TAMING TECHNOLOGY

Adult Conversations:

We invite all parents/guardians/grandparents to stay during regular EFF/MFF class times and join in our conversation. Location: Parish Auditorium

Tuesday or Wednesday: 4:15 - 5:15 p.m.
OR Wednesday night 7:15 - 8:15 p.m.

March 6/7 – HOW ARE WE USING SCREENS?

Our faith tradition teaches that material objects and possessions aren't bad or evil in and of themselves; it is how they are used that counts.

Pope Francis frequently talks about the importance of encounter. He explains that this means stopping to be present to people, to really see and hear them "as Jesus did." How do screens help family's foster strong relationships and encounter others like Jesus?

March 13/14 - THE MODERN TIME-CRUNCH

Our lives are hectic and incredibly busy, as a result we can feel frantic and rushed. We attempt to juggle more and more things at once by multitasking. Our children learn that this is the norm and they are growing up doing it now too.

God often speaks to us in a "still, small voice." (1Kings 19:12) Without little spaces in the day for moments of quiet and "boredom," there is no space for reflecting, wondering, daydreaming, processing, journaling, praying etc. - for both ourselves and our children.

March 20/21 – SETTING HEALTHY LIMITS

How can we best help our children and ourselves navigate the challenges of technology today and have time for building a relationship with God and others?

We must remind ourselves that we come from a faith tradition with a history of being counter-cultural. Setting limits might be misunderstood. The Christ we follow was also misunderstood by his culture, but he didn't waiver in always choosing the most loving course of action.